The Prince Charles Hospital Department of Emergency

PATIENT INFORMATION – Accelerated Diagnostic Pathway

You presented today to the Emergency Department with symptoms for which we were unable to give you a definitive diagnosis.

Although a cardiac diagnosis has not been completely ruled out, the risk to you from an acute cardiac event is low enough to allow safe discharge into the care of your General Practitioner (GP) with further testing as an outpatient.

Please make an appointment with your GP so they can refer you for any necessary tests. The most common follow-up test recommended will be an Exercise Stress Test (EST).

Your GP can refer you to our Cardiac Sciences Unit (CSU) for an EST (using the form we have provided you with) or alternatively to another provider. If your GP refers back to our CSU and you do not receive an appointment date and time within 2 weeks following referral, please phone CSU on 3139 5168. This test should be completed within 6-8 weeks. Results of your EST will then be sent to your GP.

Our evidence based management plan has been designed with your safety as its highest priority along with avoiding unnecessary time in hospital.

Should you have any concerns about your condition at any time, you should contact your local GP, or return to your nearest Emergency Department. Please take the discharge information with you.

*You may be contacted by a staff member from the hospital in 6 months time to check on your follow up and outcomes from this episode of care.*

What to do if the pain returns
If your pain or discomfort returns:
1. Stop and relax
2. Take your medication (if any was ordered)
3. If the pain has not gone in 15 minutes
   - Call the ambulance – 000
   - Do not drive yourself to hospital